

Synergetic Entrepreneurial Living

The Art of Being and Acting

Explore who you are. Co-create what matters. Live what you believe.
for 8 weeks from May 6th to July 1st 2026 in Germany near Berlin

Embark on a **eight week transformative journey of un-learning and learning** — an immersion into the *Art of Being and Acting* and the essence of **Synergetic Living**. This unique experience invites you to explore **self-discovery, embodied synergy, deep presence, collective creativity, and eco-social transformation**. Together with a vibrant community of like-minded individuals, you will explore what it truly means to live and act in harmony with yourself, others in the community, and nature.

Co-create your purposeful entrepreneurship in a community

The Journey happens from **May 6th - July 1st 2026** at Gut Herzershof, 15328 Küstriner Vorland, Brandenburg, Germany. This is more than a voluntary service or a training, **it's a way of life**. You will **learn by doing**: building, gardening, cooking, creating art, and experimenting with your own entrepreneurial ideas. This program **opens the door to a grounded, value-driven entrepreneurial community** — a space to grow, create, and co-evolve. Through **peer learning, project-based learning and collaboration, and community-driven innovation**, we'll dive into essential questions:

Who am I and how do I want to be?

What do I really, really want to do with my life?

How can we lead a resilient life as communities?

The journey doesn't end after two months — it's just the beginning wherever you are. For those who wish to continue, it becomes part of an **ongoing transformative learning path** — a living process of **action research**, rooted in real-life contexts and intercultural collaboration. Together, we'll explore personal and collective inquiries, implementing **conscious entrepreneurship** through value-based ventures, projects, products, and services that foster both **personal growth and community transformation**. With an integrated **peer-learning approach**, the **UnaVersity** community supports one another through every phase of development — from inspiration and realization to growth, and even through moments of individual or collective challenge.

This immersive experience is **supported by the European Union's European Solidarity Corps (EVS)** for residents in European EVS

partner countries, and brings together participants from across Europe and beyond to learn, create, and live in an intentional rural community.

- ◆ Develop eco-social entrepreneurship ideas
- ◆ Experience collaborative learning and decision-making
 - ◆ Grow within a diverse, intercultural group
- ◆ Live close to nature while shaping real-world impact

Are you ready to take the next step - together?



📍 **When:** from May 6th to July 1st 2026

📍 **Where:** Gut Herzershof, Herzershof 10, 15328 Küstriner Vorland, Germany

🌐 www.unavision.eu

Ready to join the ecosystem?

Register now on our platform and become part of the UnaVersity ecosystem¹ network:

👉 https://unavision-network.mn.co/share/Mn-pGHYiPwyT4ODW?utm_source=manual

Discover what's possible - when we learn, live, and create together.

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Summary

Synergetic Community Life - a Transformative Learning Journey

Join a unique immersion into the world of **Synergetic Entrepreneurship** - a journey of self-discovery, collective creativity, and eco-social transformation. Together with a global community of like-minded individuals - **Synergetic Entrepreneurs** - you will explore what it truly means to live and act in harmony with yourself, your community, and the planet. The farm near Berlin becomes your home for this in-depth experience. Surrounded by nature, we'll un-learn outdated patterns, co-create new ideas, and gain practical skills in an environment of **mutual support, transformative dialogue, and shared purpose**.

This is not just a training - it's a way of life. You'll learn **by doing**: building, gardening, cooking, creating art, and experimenting with your entrepreneurial ideas. You'll engage in **peer learning, project-based collaboration**, and community-driven innovation, as we explore the question: **"What do we really, really want to do with our lives?"** Together we design and implement value-based projects that serve both personal and collective transformation.

Highlights of the Program:

- Gardening, building raised beds, planting seed and seedlings, learning about herbs
- Housekeeping, Cooking for the community, fermenting and preserving food, baking bread
- Immersive, hands-on community living at **Gut Herzershof**
- **Yoga, Dancing, dreaming sessions, shamanic journeys, cacao ceremony, philosophical talks**
- Creative and practical workshops across disciplines such as building, mosaic, mud work
- Deep exploration of **purpose, awareness, and systems thinking**
- **Co-creation labs** for eco-social entrepreneurship concepts
- A vibrant mix of **learning, unlearning, and doing**

And for those who wish to continue, this is only the beginning. Individual and group **learning journeys** to new destinations await.

[Apply here](#)

https://youth.europa.eu/solidarity/opportunity/49898._en

For interested self-paying participants from outside the supported European Union residence, please contact Johannes, Frauke or Sophie at info@thinkcamp.eu .

A Shared Journey - Growing Together in Community

Our shared journey begins with arriving - arriving in the space, in the group, and within ourselves. In the first days, we'll take time to connect, to listen, and to gently arrive into the rhythm of **Synergetic Entrepreneurship**. We'll create a warm and welcoming space to get to know each other and explore the foundations of our time together: **non-violent communication, collective decision-making, mindfulness, and awareness-based living**.

This is an invitation to slow down and look inward. We explore who we are - beyond roles and routines - and what truly matters to us. Through guided processes of **transformative learning**, we allow what no longer serves us to disintegrate and make space for new insights, perspectives, and ways of being to emerge and take root.

Together, we will:

- **Re-define individual and shared intentions,**
- **Explore our resources, skills, and dreams,**
- **Recognize that each voice matters,**

- **Co-create our living and learning structure,**
- **Form peer learning teams,**
- And follow the dynamic flow of our collective energy.

This phase sets the tone for the journey ahead - one of growth, experimentation, and mutual support.

Key Dimensions of the Experience:

Self-Discovery and Embodiment

- Uncovering my personal story through **movement, music, dance, and silence**
- Mapping my past, present, and imagined future
- Honoring emotions, vulnerability, and the wisdom of the body

Artistic & Collective Expression

- Engaging in **creative and cultural practices** that awaken our inner knowing
- Tapping into the **tapestry of ancestral and communal wisdom**
- Storytelling, drawing, improvisation, and shared rituals

Reconnection with Nature

- Immersing ourselves in **nature as teacher and sanctuary**
- Practicing **mindfulness, meditation, and awareness** in the wild
- Walking, gardening, harvesting, preserving, and nourishing body and soul

Co-Creation & Entrepreneurship

- Discovering **what I really, really want to do with my life**
- Co-developing **eco-social entrepreneurship ideas** inspired by Synergetics
- Participatory research, **design thinking, systems innovation** and rapid prototyping
- Challenging existing structures while weaving together new models of transformation

Community Learning & Living

- Living together as an intentional, self-organizing community
 - Practicing **collaborative decision-making** and **sociocratic governance**
 - Balancing **individual needs and collective goals**
 - Holding space for each other's challenges, breakthroughs, and insights
 - Building a rhythm of shared cooking, working, learning, and celebrating
-

Our time together culminates in a **Community Gathering** - an open celebration where we share our experiences, ideas, and creations with local friends and neighbors. It is a moment of reflection and joyful appreciation for what has grown among us.

And yet, this is just the beginning. For those continuing, the journey expands beyond Herzershof, as we carry the seeds of transformation into new destinations, projects, and communities.

Come as you are. Leave as who you are becoming.

Synergetics - Our Shared Processes of Becoming

Synergetics invites us to observe and participate in the self-organizing patterns of life. It is the art and science of how open systems - like communities, ecosystems, or even individual biographies - form, evolve, and reorganize in dynamic ways.

At **UnaVision**, Synergetics becomes more than a theory - it becomes our living practice. It means **letting go of rigid structures, unlearning old paradigms**, and staying open to what wants to emerge. It's a way of being that embraces the unknown, welcoming the point of **inner stillness and creative openness** - the "**singularity**" - from which all possible futures may unfold.

In the first days of our journey, we begin to explore this principle together. We attune to the **emerging patterns** of our collective energy, and gently allow the structure of our shared learning and living to **take shape organically**. There is no fixed plan - only a shared commitment to **presence, curiosity, and co-creation**.

By embracing Synergetics, we learn to:

- Trust the **wisdom of the process**,
- Tune into what is **alive and emerging**,
- Question the familiar and explore the new,
- And build a community that grows with us, not around us.

This is not about control - it's about participation. About sensing, adapting, and evolving - **together**.

Why Wait? Let Your Journey Begin Here

Do you feel a spark of connection to what you've read?
Are you wondering whether this path might be yours?

Take a moment to reflect and decide for yourself. If the following points resonate with you, we'd love to hear from you:

- ✓ I feel inspired by the UnaVision initiative and want to contribute my experience, knowledge, and energy
- ✓ I'm excited to explore and experiment with **community living** during the Synergetics program in May and June 2026
- ✓ I'd like to offer a session, workshop, or sharing circle on a topic I'm passionate about or experienced in.
- ✓ I enjoy **collaborating, exchanging ideas**, and supporting the co-creation of **eco-social entrepreneurship projects**.
- ✓ I'm committed to sustainability and would love to **plant trees** or take other steps to compensate for my travel impact.

If several of these points feel true to you, then chances are - you're a great fit!

Let's Talk

For more information or to join a first informal online conversation about the program, your ideas, or any questions you may have, feel free to reach out. We look forward to meeting you and discovering what we can create - **together**.

✉ **Email:** unaversity@thinkcamp.eu, or Talk

📞 **Contact:** Johannes – +49 (172) 862 8947 WhatsApp

Participation & Funding Opportunities

This initiative is part of a **volunteering team project supported by the European Union's European Solidarity Corps (ESC)**. It offers a unique opportunity for individuals from diverse backgrounds, cultures, and age groups to participate in this immersive learning and community experience. We welcome up the **participants** to join us at **Gut Herzershof**, a small rural community near Berlin, where they will engage in a variety of creative, practical, and collaborative activities designed to foster personal growth, community living, and eco-social innovation.

Funding Options

● Fully Funded Participation (ESC)

Up to **20 young people aged 18–30 from EU member states and ESC partner countries** can receive **full sponsorship through** the European Solidarity Corps. This includes:

- Travel costs

- Full board and accommodation
- Participation in the full five-week program

● **Self-Funded Participation**

Participants **above the age of 30** or **from countries not covered by ESC** are warmly invited to join by contributing a **solidarity-based participation fee** between **2.000 € and 3.000 €**, depending on individual financial capacity. This fee covers:

- Accommodation and meals
- Full program access
- Community infrastructure and support

We are committed to ensuring inclusivity. If you are highly motivated but face financial barriers, please reach out - we are open to finding **creative and fair solutions** together.

Accommodation · Food · Transportation

The program takes place in a **rural setting**, offering participants the opportunity to live simply and closely connected to nature and community life.

Accommodation

Participants will be accommodated **on-site at Gut Herzershof**, a former farm dating back to the 1850s. The property, located **90 km east of Berlin near the Polish border**, is being carefully renovated by **ThinkCamp** to become a long-term learning hub for **sustainable and resilient living, learning, and working together**. Accommodation is **simple but functional**, with participants staying in **shared rooms**. Bathrooms and toilets are also shared. The **main building** serves as the living quarters, while a **renovated former stable** functions as the community house with a shared kitchen and common spaces.

Food

We prioritize **seasonal, local, and mostly plant-based food**, with ingredients grown directly on site. Our **greenhouses** and gardens provide a variety of vegetables and herbs, depending on the season, contributing to healthy and sustainable meals prepared collectively by the community.

Transportation & Climate Consciousness

Given our commitment to sustainability, we strongly encourage participants to **choose low-carbon travel options whenever possible**. We also invite everyone to **compensate for their travel emissions** - for example, by planting trees during the program as part of our regenerative practices.

Living at Gut Herzershof means embracing a slower rhythm, hands-on collaboration, and a deep connection with people and the land. It's not about luxury - it's about purpose, presence, and shared responsibility.

Important Dates & Entrepreneurship Summit

Arrival at Gut Herzershof:

Wednesday, May 6th 2026 (afternoon arrival)

Please plan your journey so that you arrive on site in time to settle in and join the welcome activities. In case you need to arrive a day earlier, you can also stay at our location without extra cost. But please inform us about your early arrival.

Program Duration:

Thursday, May 7th at 19:00 h to Tuesday, June 30th at 18:00 h

This eight-week period includes our full community learning experience at Gut Herzershof.

Departure:

Wednesday, July 1st 2026 (after breakfast)

Departure is scheduled the day after the program concludes, allowing time for rest and reflection.

Example: This is how a typical week can look like. We will co-create a suitable schedule and principles together.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:00- 08:00	Morning Activity Dance - Yoga -					Weekends off for excursions or resting	Participants organize their food, clean up after each meal
08:00	Morning Circle						
08:15	Breakfast						
09:00 - 09:30	Housekeeping, everybody cleans in teams						
09:30 - 11:15	Activities				Review of Week individuals teams		
11:15 Coffee							
11:45 - 13:30							
13:30 - 14:00	Lunch						
14:00 - 16:30 2,5 hours	Lunchbreak - personal time - making notes about learnings in diary						
16:30 - 18:30 2 hours	Activities				Planning next week		
	Break						
19:00 - 19:30	Dinner						
20:00 h -	Presentation of participants, Music, Camp fire dialogs, films, body work						

Stay Connected: UnaVision Platform & Group Chat

To support our ongoing communication and community building, we invite all participants to join the following platforms:

UnaVision Online Platform

Please register on the UnaVision network at the following link:

 https://unavision-network.mn.co/share/Mn-pGHYiPwyT4ODW?utm_source>manual

After registering, please:

1. **Complete your profile,**
2. **Upload a profile photo,**

This platform will serve as our central hub for updates, shared documents, storytelling, and staying connected before, during, and after the program.

 **WhatsApp Group Chat...**

A WhatsApp group will be created to facilitate your travel and informal communication among participants.

We will add you to the group once we have received your **mobile phone number**, accepted you in the program and received the confirmation of your travel documents arriving in Berlin.

If you have any questions or encounter issues during registration, please don't hesitate to contact us. We're happy to support you.

We look forward to growing this vibrant community - **together**.

European Youth Portal Registration & Volunteering Agreement

To participate in this project under the **European Solidarity Corps (ESC)**, it is essential that you complete the following steps as soon as possible:

1. Register on the European Youth Portal

All participants supported through the ESC must be registered on the **European Youth Portal**. Please register here:

👉 https://youth.europa.eu/solidarity/young-people/about_en

Once registered, you will receive a **Participant Reference Number (PRN)**.

⚠️ **Your PRN is required to finalize the technical preparations for your participation.**

2. Volunteering Agreement

As part of the ESC program, a **Volunteering Agreement** must be prepared and signed by all participants.

To help us draft your agreement and organize other aspects of your stay, please complete the following form:

👉 <https://forms.office.com/e/2qBW69wF1s>

After submitting your responses, we will prepare the agreement and send it to you for **review and signature**.


If you have any questions or need assistance with the registration or form, feel free to reach out to us. We're happy to support you through the process.


Thank you for taking these important steps - we look forward to welcoming you into the community!

Food & Meals

At Gut Herzershof, we are committed to providing **healthy, vegetarian, and primarily organic meals**, with a strong emphasis on sustainability and regional sourcing. Most ingredients come from **local farms** or a **certified organic supplier**. Our meals are prepared and served by a rotating **cooking team**, and are presented as a **buffet in the community room**. If you have special dietary needs, such as **gluten-free bread**, we will do our best to accommodate them.

 **Tap water** is safe and drinkable throughout the premises.

 Throughout the day, you will have access to **coffee, tea, syrup, and water**.

 Additional beverages (e.g., juices, soft drinks) can be purchased individually at the nearby **EDEKA supermarket**, located approximately **2 km away**.

Meal Times

To ensure smooth operation and allow the cooking team to fully participate in the program, we kindly ask everyone to **respect the scheduled mealtimes**:

- **Breakfast:** 08:00 – 08:45
 - **Lunch:** 13:30 – 14:15
 - **Dinner:** 19:00 – 19:45
-

Shared meals are an essential part of our community rhythm - times to nourish body and soul, connect with others, and enjoy the fruits of our collective care. Thank you for your cooperation and presence!

Accommodation, Sleeping & Hygiene

Participants will be accommodated in **shared hostel-style rooms** with **3, 4, 8, or 12 beds**. Rooms are located in the **former farm building**, distributed across the **ground and first floors**, and are **separated by gender** (female/male).

We provide all **bedding and towels**, so there is no need to bring your own.

Sanitary Facilities

- **Shared showers and toilets** (separated for male and female participants) are located on the **ground floor** and outdoors.
- Additional **toilets** are available on the **first floor**.
- **Dry compost toilets** are located near the **community house** and **garden** area for outdoor use.

Important Reminder

To help keep our indoor spaces clean and comfortable, please bring a pair of **house shoes or slippers** for use inside the buildings.

Our accommodation reflects the simplicity and sustainability of rural community life - modest, functional, and grounded in shared responsibility and care.

Use of Shampoo, Soap & Detergents

At Gut Herzershof, we operate a plant-based sewage treatment system. To protect this delicate system and the surrounding environment, we do not use any chemical-based cleaning products for personal hygiene or dishwashing.

For your convenience, we will provide environmentally friendly, biodegradable soap and shampoo for daily use.

 **There is no need to bring your own products - please use only what is provided to ensure the proper functioning of our ecological systems.**

Thank you for supporting our commitment to sustainable and nature-conscious living.

Laundry Service

A **washing machine and dryer** are available on site. Laundry will be **handled by the Herzershof team** to ensure smooth coordination and efficient use of resources. A fee of 5:00 € for each laundry and drying for up to 7 kg is requested. So please share the machines.

Please place your laundry in the **designated orange collection boxes**. In most cases, your washed clothes will be **returned by the following day**.

Thank you for your cooperation and for helping us maintain a well-organized and sustainable community rhythm.

Smoking & Alcohol Policy

To maintain a healthy and respectful community environment, we kindly ask all participants to observe the following guidelines:

Smoking

Smoking is **not permitted inside any of the buildings**.

Designated smoking areas are available:

- On the **veranda of the community building**

- On the **terrace of the farm building**

Please use these areas respectfully and dispose of cigarette waste properly.

Alcohol Consumption

To support a focused and mindful group atmosphere, we ask that you **refrain from consuming alcohol during the weekdays**.

A **moderate and conscious consumption of alcoholic beverages** is acceptable during the weekends.

Thank you for your understanding and cooperation in fostering a safe, inclusive, and intentional community space.

Team & Roles within the European Solidarity Corps (EVS) Program

The **ThinkCamp UnaVision Team** will accompany and support you throughout the program. Each team member brings unique expertise and energy to the shared learning and co-creation process:

Facilitators and Thematic Guides

- **Johannes Pfister** – Shares impulses on **Systems Entrepreneurship, Transformative Learning, Sociocracy, System Dynamics**, and guides **Dreaming Sessions**.
- **Sascha** – Facilitates an **Open Atelier** offering **mosaic work, frame printing, and creative installations**.
- **Uta** – Leads **gardening activities**, offers impulses on the **secrets of nature** and **nature-based art experiences**.
- **Struppi** – Explores the behavior, transformation, and adaptation of **structures and systems**.
- **Sophie** – Shares **yoga practices** and supports **garden-based activities**.
- **Paulina** -

Coordination & Community Support

- **Manuela &** – Responsible for **housekeeping**, coordination of the **kitchen** and the overall **Gut Herzershof site management**. They are your go-to team for practical questions regarding the location and daily operations.

Financial & Administrative Support (ESC Participants)


The organization **pewobe g GmbH** handles all matters related to **ESC administration and financial coordination**, including:

- **Volunteering agreements**
- **European Youth Portal management**
- **Reimbursement of travel costs**
- **General financial questions**

Your main contact persons are:


Manuela Demel

 demel@pewobe-ffo.de

 +49 (173) 425 8016

Johannes Pfister

 johannes.pfister@thinkcamp.eu

 +49 (172) 862 8947

This diverse and experienced team is here to support your learning journey - professionally, creatively, and with care. Please don't hesitate to reach out with questions or concerns at any time.

Location & Transportation

Gut Herzershof is located in the rural countryside of eastern Germany, approximately **90 km east of Berlin**, near the Polish border.

 **Address:**

Gut Herzershof

Herzershof 10

15328 Küstriner Vorland

Germany

Public Transportation Options

Nearest Stations:

- **Bus Stop:** *Herzershof Küstriner Vorland* (approx. 500 meters from the location)
Served by **Bus 969** from either **Frankfurt (Oder)** or **Bahnhof Küstrin-Kietz**
- **Train Station:** *Gorgast Bahnhof (Küstriner Vorland)* (approx. 3.5 km / 40 minutes walking distance)

We recommend arriving at **Gorgast Bahnhof**, from where we will organize **pick-ups** for arriving participants.

Shops & Essentials Nearby

The nearest **EDEKA** supermarket is located **2 km away** in the village of **Manschnow**, which also offers:

- A drugstore
 - A post office
 - A kebab/snack bar
-

Arrival via Berlin (Airport or Central Station)

From Berlin Brandenburg Airport (BER):

Take a regional train to **Berlin Ostkreuz** (approx. 20 minutes).

From Berlin Hauptbahnhof:

Take the **S-Bahn** to **Berlin Ostkreuz** (approx. 15 minutes).

Travel Options from Berlin Ostkreuz to Gut Herzershof

Option 1: Train via Gorgast Bahnhof (recommended)

Take the **RB 26** regional train towards **Kostrzyn (PL)**.
Exit at **Gorgast Bahnhof**. Travel time: approx. **1 hour 10 minutes**.

Saturday/Sunday departure times from Berlin Ostkreuz:

- 15:33 → Arrival Gorgast: 16:43
- 17:33 → Arrival Gorgast: 18:43
- 19:33 → Arrival Gorgast: 20:43

Walking distance from Gorgast Bahnhof to Gut Herzershof: approx. **3.5 km (40 minutes)**

 **Shuttle service:** We will arrange **pick-ups** from the station upon request.

Option 2: Train + Bus via Frankfurt (Oder)

From **Berlin Ostkreuz**, take the **RE 1** regional train to **Frankfurt (Oder)**.
At **Frankfurt (Oder)**, transfer to **Bus 969** and get off at the **Herzershof Küstriner Vorland** bus stop (500 m from the venue).

If you need assistance planning your route or arranging a pickup, please don't hesitate to contact us in advance. We are happy to help ensure a smooth arrival!

Finances, Travel Tickets & Reimbursement

Ticket Submission

Please send all **travel tickets** and related documents to:

✉ projekte@pewobe-ffo.de

This includes:

- Travel tickets and boarding passes
 - Invoices, receipts, and bills
 - Any other supporting documentation for your journey
-

Reimbursement Policy

Travel costs will be **reimbursed only after**:

1. **Successful completion of the full program**, and
2. **Submission of your final participant report**, along with
3. **All required original travel documents** (see above)

Accommodation, meals, and program-related costs in Germany are **fully covered** by the **European Commission** through the **European Solidarity Corps (ESC)**. All participants will also be **enrolled in ESC group insurance** for the duration of their stay.

Reimbursable Travel Expenses

Travel costs will be reimbursed based on the **cheapest and safest means of transport**, such as:

- **Second-class train tickets**
- **APEX (low-fare) flights**

Reimbursement is subject to the **ESC travel distance rules**, based on the **European Commission's official distance calculator**.


Reimbursement Rates (Per Participant, Round Trip)

Travel Distance (km)	Standard Travel	Green Travel
0 – 99 km	23 €	23 €
100 – 499 km	180 €	210 €
500 – 1,999 km	275 €	320 €
2,000 – 2,999 km	360 €	410 €
4,000 – 7,999 km	530 €	610 €

Green travel refers to more sustainable options such as travel by train, bus, or carpooling.

Volunteering Agreement & Pocket Money

All financial arrangements and participant obligations will be defined in a **personal volunteering agreement** between **pewobe g GmbH (Frankfurt/Oder)** and each participant.

 The draft agreement will be sent to you **after you submit your details via the provided registration form**.

During your stay, you will receive **pocket money**, which will be handled by Manuela's team. Travel reimbursements will be processed **after**:


- Completion of the program
- Submission of all required **original documents**

We strongly advise you to **keep and submit all original travel documents** during your stay to ensure a smooth reimbursement process.

If you have any questions regarding finances or reimbursement, feel free to contact:

Manuela Demel

 demel@pewobe-ffo.de

 +49 (173) 425 8016

Thank you for your attention and cooperation!

Compensating CO₂ Emissions from Travel

In line with our commitment to environmental sustainability, we encourage all participants to **actively compensate for the carbon emissions caused by their travel** to and from Gut Herzershof.

One meaningful and symbolic way to do this is by **planting a tree** as part of our growing **future forest garden** at the Herzershof site.

Our suggestion:

For a one-way flight of approximately **2,000 km**, we recommend planting **two trees**, each representing long-term carbon offset (approx. 50 years of care and impact). This serves not only as a contribution to climate resilience but also as a living legacy of your time with us.

How to Contribute:

If you would like to support this initiative, you can:

- **Join us in planting a tree during your stay**, and/or
- **Make a donation of 10 € to 20 € per tree** to help cover the cost of planting and long-term care.

 This initiative is also a space for **discussion and reflection** on responsible travel and ecological accountability.

Together, we take small but meaningful steps toward regeneration and stewardship of the land. Thank you for joining us in this effort.

Clothing & Climate

To ensure your comfort and well-being during your stay at Gut Herzershof, please come **well prepared for a variety of weather conditions**.

During May**June**, the average temperatures in Brandenburg typically range between **18°C and 25°C during daytime, cooling down at night to 8 °C to 10°C**. **The chance of rain** of approximately 35% of the days.

What to Bring:

- **Weatherproof rain jacket and/or poncho**
- **Sturdy, comfortable shoes** suitable for walking, gardening and outdoor activities
- **Warm layers and a jacket** for cooler evenings

- **Clothing suitable for both indoor workshops and outdoor work in the garden or forest**

Being well equipped will help you enjoy the full range of activities - rain or shine!

Activities During Your Stay


Throughout the program, we have designed a **balanced combination of learning, working, and community living activities** that reflect the spirit of co-creation and shared responsibility.

Each week, participants will be divided into **three to four groups**, rotating through various hands-on and reflective tasks that support both personal development and community needs.

To ensure a meaningful and evolving experience, we will also hold:

- **Daily reflection rounds** – short sessions to share your impressions, feelings, and thoughts
- **Weekly in-depth reviews** – a space to reflect more deeply on your learning journey, the group dynamic, and the overall program experience

This is more than a training - it is a **living social experiment** in **intercultural collaboration, shared learning, and intentional community life**.

 **Further details and group structures** will be introduced on the **first day of the program**.

Your openness, participation, and feedback are essential parts of this shared journey. Thank you for being part of this unique experience.

Participant Sharings & Offerings

We warmly invite all participants to **share their knowledge, talents, skills, and ideas** with the group during afternoon or evening sessions. This is a valuable opportunity to contribute to our collective learning and community spirit.

Whether it's a short impulse or an in-depth session, you are welcome to offer:

- Insights from your **studies or research** (e.g. BA/Master theses, projects)
- Workshops or talks on topics you are passionate about
- **Artistic or musical performances**
- **Dance, games, storytelling**, or interactive formats
- **Entrepreneurial or social innovation ideas**
- Experiential **social experiments or dialogue spaces**

How to Share:

Please post your offering on the **community board** in the main house and provide a brief explanation to the group. Offerings can range from just a few minutes to up to **two hours**, depending on the format and interest.

Additionally, we have a selection of **board games, a table tennis set, a foosball (kicker) table, Billard and musical instruments** available for your use and enjoyment.

We encourage you to make the most of this open space - your contribution adds to the richness and diversity of our shared experience.

Housekeeping

To maintain a clean and welcoming environment for everyone, we will establish a **daily housekeeping routine** for shared spaces, including **showers, toilets, floors, and community areas**.

We kindly ask each participant to **join a housekeeping group** and contribute to keeping our living space comfortable and respectful for all.

Thank you for your support!

Weekend Activities

Weekends offer a wonderful opportunity to **explore, relax, and recharge** - individually or in groups.

You are welcome to plan your own **excursions or day trips**. A limited number of **bicycles** are available for local outings. If you wish to travel to **Berlin**, please note that **train and bus services are more limited on weekends**, so we recommend checking schedules in advance. 👉 **Group day tickets** can be purchased at **reduced rates**, making travel more affordable when planned together.

In addition, we encourage **creative and restorative activities** on site, such as:

- 🎨 **Art sessions**
- 💃 **Dance and movement**
- 🎭 **Improvisation theatre**
- 🎵 **Making music together**
- 🧘 **Body- and soul-nurturing practices**

Feel free to propose or join informal gatherings - weekends are a perfect time for **expression, connection, and joy** within the community.

Useful Links

